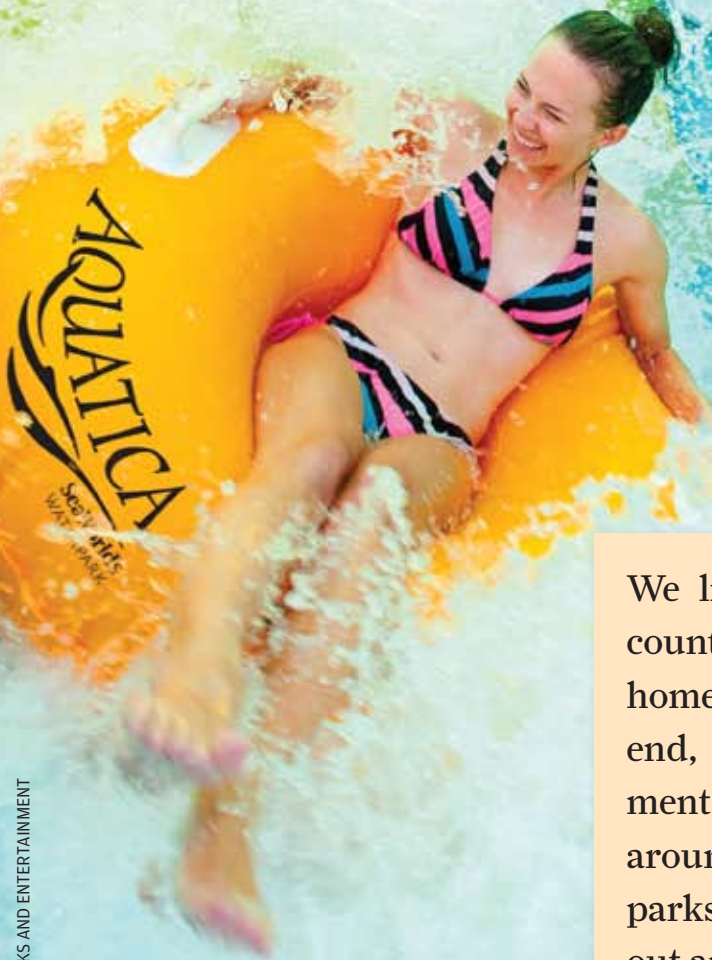


THE RESIDENT ENTERTAINMENT GUIDE



We live in the top tourist destination in the country, so we should be allowed to act like hometown tourists once in while, right? To that end, we've put together a resident entertainment guide that focuses on touristy things to do around O-town—from dinner shows and theme parks to resort spas and go-kart tracks. So get out and see your home in a new light.

Tubing the tube at
Aquatica's Omaka Rocka

DINNER SHOWS

ARABIAN NIGHTS The horses are the stars of this dinner-show attraction that brings fairy tales to life on horseback. Arabian Nights is the world's largest indoor equestrian theater for a permanent show. Show times vary. *arabian-nights.com*. 3081 Arabian Nights Blvd., Kissimmee. 407-239-9223.

CAPONE'S DINNER & SHOW Miss Jewel, Bunny-June, Fingers Salvatorio and, of course, Al Capone put on a rollicking show set during Prohibition. The dinner buffet includes turkey, meat lasagna, sausage and more, plus 16 drink options. Nightly shows, times vary. *alcapones.com*. 4740 W. Irlo Bronson Memorial Hwy., Kissimmee. 407-397-2378.

HOOP-DEE-DOO MUSICAL REVUE Family fun at this hoedown-style show where square dancing reigns. Enjoy a plentiful country buffet. Seatings nightly at 5, 7:15, 9:30. *disneyworld.com*. Disney's Fort Wilderness Resort & Campground, Walt Disney World Resort. 407-939-3463.

MAKAHIKI LUAU Two hours of authentic island entertainment featuring fire dancers, luau dancers and a full buffet of Hawaiian-inspired foods. Complimentary cocktails. Park admission not required. *seaworldparks.com*. SeaWorld Orlando, 7007 Sea World Drive, Orlando. 407-351-3600.

MEDIEVAL TIMES DINNER AND TOURNAMENT Step back in time as daring knights compete atop stallions in tournament games and jousting matches. Guests can walk through a living medieval village and see what life was like in the Middle Ages. The attraction also serves a four-course medieval banquet—no silverware allowed! *medievaltimes.com*. 4510 W. Vine St., Kissimmee. 1-866-543-9637.

THE OUTTA CONTROL MAGIC COMEDY DINNER SHOW Audience members become a part of the show during this high-energy presentation of magic and comedy improvisation. Dinner includes unlimited hand-tossed pizza, salad, popcorn, beer, wine, soda and dessert. *wonderworksonline.com*. WonderWorks, 9067 International Drive, Orlando. 407-351-8800.

PIRATE'S DINNER ADVENTURE An interactive dinner show with daring stunts, action-packed performances and a pirate's feast. During high season, show times vary nightly but usually take place at 6, 7:30 and 8:30 p.m. Now playing is "The Curse of Poseidon's Treasure," featuring comedy, action, acrobatics and romance accompanied by a hearty feast and geared toward a mature audience. *piratesdinneradventure.com*. 6400 Carrier Drive, Orlando. 407-248-0590.

SLEUTHS MYSTERY DINNER SHOWS Search for clues as a hilarious mystery unfolds over dinner. Dine on Cornish hen, cheese lasagna or prime rib (prime rib for an additional cost) plus unlimited wine, beer and sodas. Open nightly; show time is 7:30 p.m. *sleuths.com*. 8267 International Drive, Orlando. 407-363-1985.

THE SPIRIT OF ALOHA This show focuses on the traditions and culture of the Polynesian Islands through song, dance and theater. A fabulous fire dancer steals the show. Seatings Tues.-Sat., 5:15 and 8 p.m. *disneyworld.com*. Disney's Polynesian Resort, 1600 Seven Seas Drive, Lake Buena Vista. 407-939-3463.

TITANIC: THE DINNER EVENT An entertaining way to learn about the sinking of the famous ocean liner. Captain Smith's retirement party is the premise for this three-course dinner show with a tour of the ship and re-enactment of the tragedy. *titanictheexperience.com*. 7324 International Drive, Orlando. 407-248-1166.

TREASURE TAVERN Have a rowdy good time at this European-style variety show for adults only. This dinner show is full of blue humor and variety acts. Enjoy vegetable soup, garden salad, beef tenderloin with mashed potatoes and asparagus, opera cake, liquor bar, and unlimited soda while you watch the show. *treasuretavern.com*. 6400 Carrier Drive, Orlando. 877-318-2469.

Spirited horses steal the show at Arabian Nights in Kissimmee.



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WANTILAN LUAU Hula dancers and fire-eaters amaze as they tell the history of the South Pacific islands while diners enjoy a Hawaiian-inspired buffet. Shows Sat. and Tues. at 6:30 p.m.; seating begins at 6. Call for reservations. universalorlando.com. *Loews Royal Pacific Resort, Universal Orlando*. 407-503-3463.

ENTERTAINMENT/ NIGHTLIFE VENUES

DISNEY'S BOARDWALK Created in the theme of Atlantic City's famous stretch, the boardwalk offers street performers, a sports bar, dance club, and numerous restaurants and shops. disneyworld.com. *Walt Disney World, 2101 N. Epcot Resorts Blvd., Lake Buena Vista*. 407-939-6244.

DOWNTOWN DISNEY Party the night away on the West Side, where House of Blues and Bongos Cuban Café offer food and live entertainment. disneyworld.com. *Downtown Disney, 1780 E. Buena Vista Drive, Lake Buena Vista*. 407-939-6244.

POINTE ORLANDO Take the kids to WonderWorks for interactive games, and then check out Pointe Orlando's dining, shopping, and entertainment options, such as Regal Cinemas Stadium 20+IMAX. Located across from

the Orange County Convention Center. pointeorlando.com. *9101 International Drive, Orlando*. 407-939-6244.

UNIVERSAL CITYWALK The 30-acre complex features an eclectic mix of clubs, restaurants, and specialty shops. Entertainment options include Hard Rock Café, Jimmy Buffett's Margaritaville, Red Coconut Club, and Latin Quarter. Open daily 11 a.m.-2 a.m. No admission fee, but cover charges apply. universalorlando.com/nightlife. *6000 Universal Blvd., Orlando*. 407-363-8000.

PERFORMING ARTS & COMEDY

BLUE MAN GROUP Expect original rock music and audience participation at this permanent show at Universal Orlando. Daily show times vary by day and month (6, 8 and 9 p.m.; check website). blueman.com. *6000 Universal Blvd., Orlando*. 407-258-3626.

CENTRAL FLORIDA FILM FESTIVAL Running Aug. 31-Sept. 2, the fifth annual festival includes screenings of documentaries, shorts and feature-length films on three screens, plus seminars and a chance to network with filmmakers. 10 a.m.-9 p.m. each day. centralfloridafilmfestival.com. *West Orange 5 Cin-*

emas, 1575 Maguire Road and S.R. 50, Ocoee. 407-370-3703.

CIRQUE DU SOLEIL "La Nouba" reinvents traditional circus acts using acrobats and aerialists with a surrealistic touch. Performances Tues.-Sat. at 6 and 9 p.m. cirquedusoleil.com/lanouba. *Downtown Disney, West Side, Lake Buena Vista*. 407-939-7600.

ATTRACTIONS

—Universal Orlando Resort—

ISLANDS OF ADVENTURE This attraction is made up of six themed islands: Seuss Landing, The Lost Continent, Jurassic Park, Toon Lagoon, Marvel Super Hero Island and The Wizarding World of Harry Potter. Each island highlights adventure, storytelling and high-tech rides, attractions and shows. Some best bets: Harry Potter, The Amazing Adventures of Spider-Man and The Incredible Hulk coaster. universalorlando.com. *6000 Universal Blvd., Orlando*. 407-363-8000.

UNIVERSAL STUDIOS Rides, simulators and 3-D shows transport visitors into the worlds of television and movie production. Hollywood Rip Ride Rockit, Men in Black and Shrek are only the beginning. Must-sees include the Revenge of the Mummy and the brand new

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ON SUNDAYS



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August 17TH Sunday PM

Formerly of England Dan and John Ford Coley with
musical hits including "Just Tell Me You Love Me"
and "I'd Really Love To See You Tonight"

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Riders on The Incredible Hulk Coaster at Universal Orlando's Islands of Adventure go zero to 40 mph in two seconds.

Despicable Me Minion Mayhem ride. *universalorlando.com*. 6000 Universal Blvd., Orlando, 407-363-8000.

—Walt Disney World—

ANIMAL KINGDOM From live animals to dinosaurs and animal characters, your imagination can run wild here. Travel from Africa to the Safari Village, Asia, DinoLand U.S.A. and more. Home to the Disney shows "Festival of the Lion King" and "Finding Nemo—The Musical." For a wild ride, jump on the Expedi-

tion Everest coaster. *disneyworld.com*. Lake Buena Vista. 407-939-6244.

EPCOT Distinguished by its glistening geosphere, Spaceship Earth, Epcot offers glimpses into technological innovation and other countries. At the World Showcase, visitors can dine, shop and sample culture from 11 nations. Special treats: the spring International Flower & Garden Festival and the fall International Food & Wine Festival. *disneyworld.com*. Lake Buena Vista. 407-939-6244.

HOLLYWOOD STUDIOS This theme park dives into Hollywood hoopla with live stage shows, movie-themed rides and backlot tours. Must-stops are Tower of Terror, a 13-story plummet, and The American Idol Experience. *disneyworld.com*. Lake Buena Vista. 407-939-6244.

MAGIC KINGDOM Cinderella Castle serves as the center of Mickey's magical wonderland. Old favorites like Big Thunder Mountain Railroad and Space Mountain still pack excitement. Fantasyland is undergoing a revamp in phases that will double its size (a new Dumbo ride is already open). And of course there are nightly fireworks and the Main Street Electrical Parade. *disneyworld.com*. Lake Buena Vista. 407-939-6244.

WIDE WORLD OF SPORTS This sports complex is the spring training home of baseball's Atlanta Braves, and also presents many amateur sporting events, tournaments and camps. *disneyworld.com*. 700 S. Victory Way, Kissimmee. 407-541-5600.

— Worlds of Discovery—

DISCOVERY COVE Swim with dolphins, wade with mysterious rays, snorkel among thousands of exotic fish and hand-feed tropical birds in a free-flight aviary. Discovery Cove's full-day adventures include all meals, drinks

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and gear. Admission to either SeaWorld Orlando and Aquatica also included. Reservations required. discoverycove.com. 6000 Discovery Cove Way, Orlando. Located next to SeaWorld Orlando. 1-877-557-7404.

SEAWORLD ORLANDO Immerse yourself in the mysteries of the sea, from up-close animal encounters to performances by killer whales, dolphins and sea lions to rides and thrills for all ages, including the Manta roller coaster. Shop and dine at the Waterfront, home to themed stores, restaurants and entertainment. seaworldorlando.com. 7007 Sea World Drive, Orlando. 1-888-800-5447.

BEYOND ORLANDO

FANTASY OF FLIGHT This interactive aviation museum features more than 40 rare aircraft. Experience simulations and hop aboard a B-17 flying fortress that was used in a World War II bombing raid. Forty-five minutes west of Orlando on I-4 at Exit 44. fantasyofflight.com. 1400 Broadway Blvd. S.E., Polk City. 863-984-3500.

LEGOLAND FLORIDA This theme park offers more than 50 rides, shows and hands-on attractions geared to families with children ages 2 through 12. There's a water park, displays of fantastic Lego creations and even a scaled-down Lego City for the pint-sized set. florida.legoland.com. One Legoland Way, Winter Haven. 877-350-5346.

VICTORY CASINO CRUISES Pick one of the twice-a-day cruises and enjoy classic casino action such as blackjack, three-card poker, craps, roulette, a sports book—and tons of slot machines. A big draw: lots of \$5 minimum tables. Victory also offers a daily buffet and nightclub action. Terminal B-2, 180 Christopher Columbus Drive, Port Canaveral. victorycasinocruises.com. 855-468-4286.



Craps is one of many table games to be found on board Victory Casino Cruises.

Get up close and personal with this exotic lesser spotted guenon at the Central Florida Zoo in Sanford.



FUN FOR ALL

BUENA VISTA WATERSPORTS AND PARADISE COVE Surround yourself with sparkling waters, white beaches, tropical foliage and plenty of towering trees on Lake Bryan. Customers can rent jet skis or enjoy waterskiing, wakeboarding, kneeboarding or tube rides. There are special packages for events, birthdays and even weddings. bvwatersports.com. 13245 Lake Bryan Drive, Orlando. 407-239-6939.

CENTRAL FLORIDA ZOO & BOTANICAL GARDENS Home to a fabulous collection of cats, from the cheetah to the clouded leopard, as well as a herpetarium and insect zoo. centralfloridazoo.org. 3755 N. U.S. Hwy. 17-92, Sanford. 407-323-4450.

CSI: THE EXPERIENCE Challenge your inner crime solver at an interactive exhibit based on the hit TV show, *CSI*. Includes state-of-the-art forensic equipment and interactive displays so that you can survey the crime scene, gather the evidence and solve the case. csiexhibit.com. 7220 International Drive, Orlando. 407-226-7220.

DAVE & BUSTER'S Eat, drink, and play at this huge establishment that features more than 200 arcade games in a primarily adult environment. Open Sun.-Thurs. 11 a.m.-1 a.m., Fri.-Sat. 11 a.m.-2 a.m. daveandbusters.com. 8986 International Drive, Orlando. 407-541-3300

FANTASY SURF Learn to catch the ultimate indoor wave at this interactive aquatic sport

facility. Fantasy Surf features the patented FlowRider system that offers the look of surfing, the ride of snowboarding and the tricks of skateboarding. ultimateindoorwave.com. 5151 Kyngs Heath Road, Kissimmee. 407-396-7433.

FUN SPOT ACTION PARK Highlights here are multi-level go-kart tracks, bumper cars and bumper boats, a paratrooper ride, and a 10,000 square-foot, two-story arcade filled with video games. All-day or single-ride options. Open daily 10 a.m.-midnight. funspotattractions.com. 5551 Del Verde Way, Orlando. 407-363-3867.

FUN SPOT USA Try one of four extreme go-kart tracks or climb on the world's tallest Skycoaster, standing more than 300 feet tall. Also part of the fun are NASCAR simulation games and G-Force Dragsters. All-day or single-ride options. Open until midnight. funspotattractions.com. 2850 Florida Plaza Blvd. (next to Old Town), Kissimmee. 407-397-2509.

GATORLAND This 110-acre theme park and nature preserve combines Old Florida charm with exciting exhibits and entertainment. Check out the families of gators as well as reptiles, birds and other animals. There's an alligator wrestling show, where wranglers go one-on-one with the animals, and the Gator Jumparoo Show, a chance to see alligators jump for their dinner. And you must try the 1,200-foot zip line that lets you zoom above the reptilian inhabitants. gatorland.com. 14501 S. Orange Blossom Tr., Orlando. 800-393-5297.

HARD KNOCKS If your cubicle existence is boring you to death, spend a few hours at Hard Knocks, an indoor combat simulation zone. Players armed with laser-firing weapons navigate an office full of workstations or a warehouse of crates to carry out strategic missions such as rescuing hostages or defus-

ing bombs. hardknocksorlando.com. Located north of UCF, 5707 Dot Com Court, Suite 1025, Oviedo. 407-359-9091.

HOLY LAND EXPERIENCE The world of the Bible is offered through educational presentations, historical exhibits and dramatic musicals. Highlights include Church of All Nations, Jerusalem Street Market, and Calvary's Garden Tomb. Open Tues.-Sat. 10 a.m.-6 p.m. holylandexperience.com. 4655 Vineland Road (I-4 and Conroy Road), Orlando. 800-447-7235.

I FLY ORLANDO Feel the sensation of flying at this exhilarating indoor-skydiving attraction. Family and friends can watch the action from an observation level. Reservations suggested. iflyorlando.com. 6805 Visitors Circle, (off International Drive, across from Wet 'n Wild) Orlando. 407-903-1150.

MAGICAL MIDWAY Family fun is the name of the game at this midway-style attraction. Head to the extreme go-kart tracks with their corkscrew turns and daring elevations, or check out the bumper boats and cars. magicalmidway.com. 7001 International Drive, Orlando. 407-370-5353.

ORLANDO GRAND PRIX This attraction offers more than 70,000 square feet of go-kart mania in air-conditioned comfort. There are two different tracks with electric, Italian pro-karts that reach speeds of up to 50 mph. Reservations for corporate events, birthdays and private parties available. orlandogp.com. 9550 Parksouth Court, Orlando. 407-434-7500.

RIPLEY'S BELIEVE IT OR NOT! Thanks to the television show with the same name, this attraction has become a favorite among inquisitive visitors. Call it weird, call it quirky. Any oddball fact, figure or exhibit finds its way into the Ripley's Orlando Odditorium. Highlights include a dinosaur exhibit and a rare T-rex fossil. ripleys.com/orlando. 8201 International Drive, Orlando. 407-345-0501.

TITANIC-THE EXPERIENCE Explore full-scale re-creations of Titanic's most famous locales, including her grand staircase and promenade deck. Guides in period costume share stories of the ship's passengers and crew through a 17-gallery tour. titanictheexperience.com. 7324 International Drive, Orlando. 407-248-1166.

WHIRLYDOME Experience the sport of WhirlyBall—a combination of bumper cars, basketball, Jai-Alai and hockey on 4000 square feet of playing court. WhirlyDome also features bowling, laser tag, arcade games, a Formula One race car simulation and billiards. Pricing is per activity. whirlydome.com. 6464 International Drive, Orlando. 407-212-3030.

WONDERWORKS This interactive, 82-foot-tall "laboratory" features more than 100 hands-on scientific experiences, such as hur-

FEATURED ATTRACTIONS



CENTRAL FLORIDA ZOO & BOTANICAL GARDENS

Nestled in lush tropical foliage, the Zoo boasts over 400 animals, 23 acres of native gardens, animal encounters, miniature train and carousel rides, and ZOOM Air Adventures. Be sure to cool off in our Wharton-Smith Tropical Splash Ground or enjoy our KaBOOM! playground. With something for everyone, the adventures are endless.

www.centralfloridazoo.org
407.323.4450



"WHEN YOU FIND ME" COMING TO CENFLO

Ron Howard and Canon's Project Imagination's short film "When You Find Me" will make its Florida premier at the Central Florida Film Festival Saturday evening September 1, 2012, at 8:00 pm at the newly renovated West Orange 5 Cinemas in Ocoee, Florida. "We're honored to be one of the festivals selected to screen this wonderful piece," said, Bob Cook, Executive Director of CENFLO. "When You Find Me" is directed by Bryce Dallas Howard (Ron's daughter) and is just one of eighty films that can be seen at the Ocoee festival Labor Day weekend (Aug. 31 - Sept. 2, 2012).

For more information go to:
www.CentralFloridaFilmFestival.com.

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ricane and earthquake simulators. Check out the indoor ropes course, Lazer Tag arena, 4-D theater and much more. wonderworksonline.com. *Pointe Orlando, 9067 International Drive, Orlando. 407-351-8800.*

TOURS

A ULTIMATE AIRBOAT TOURS Experience a thrilling ride through the headwaters of the Florida Everglades. aorlandoairboats.com, 407-572-5391.

AIRBOAT RIDES AT MIDWAY This adventure on the St. Johns River includes voice activated headsets and elevated seating. After the ride, a baby gator is yours to hold. airboatridesatmidway.com. 28501 E. Colonial Drive, Christmas. 407-568-6790.

AIRBOAT RIDES OLD FASHIONED Take a guided tour with the licensed captain and ride the marshes of the scenic St. Johns River. Reservations required. Call for directions. airboatrides.com. Christmas. 407-568-4307.

AIRBOAT WILLY'S TOURS Experience Florida's wildlife through an educational one-hour tour on Lake Tohopekaliga. Call for reservations. wildwillysairboatstours.com. 4715 Kissimmee Park Road, St. Cloud. 407-891-7955.

AQUATIC ADVENTURES AIRBOAT TOURS Experience a one-hour tour through the unique swamps of Lake Toho. Call for reservations. aaairboatstours.com. Kissimmee. 321-689-4281.

BLACK HAMMOCK ADVENTURES Take an airboat ride across Lake Jessup, home to the largest gator population in Central Florida. Visit a scenic bird island and keep an eye out for bald eagles, wild boars and gators. Tours depart every 30 minutes. theblackhammock.com. 2356 Black Hammock Fish Camp Road, Oviedo. 407-365-1244.

BOGGY CREEK AIRBOAT RIDES View exotic birds, turtles and alligators in their natural environment while zooming on an airboat. Four tour options are available including a one-hour nighttime airboat ride. bcairboats.com. 2001 E. Southport Road, Kissimmee. 407-344-9550.

FLORIDA ECO-SAFARIS Meet some of Florida's natural residents, including gators, black bears, and possibly even the endangered Florida panther. Choose your fully guided safari adventure by coach, horseback or even a zip line through the 4700-acre Forever Florida Wildlife Conservation Area. floridaecosafaris.com. 4755 N. Kenansville Road, St. Cloud. 407-957-9794.

FLY HIGH HELICOPTER TOURS Nine flight options plus three eco tours to show you the real Florida. orlandohelicenter.com. 4623



Winter Park's Scenic Boat Tour takes visitors on a one-hour cruise through the area's lovely canals and lakes.

W. Irlo Bronson Memorial Hwy., Kissimmee. 407-396-6007.

KISSIMMEE SWAMP TOURS Offering 60- and 90-minute tours through the headwaters of the Florida Everglades. kissimmeswampstours.com. 4500 Joe Overstreet Road, Kenansville (south Osceola County). 407-436-1059.

ORLANDO HELI-TOURS Five tours are offered, flying over Walt Disney World, Universal, and beyond. orlandohelitours.com. 5519 W. U.S. Hwy. 192, Kissimmee. 407-397-0226.

WILD FLORIDA Take in Florida wilderness and wildlife on the shores of Cypress Lake in south Osceola County. The experience includes a tropical bird aviary, scenic dock, a platform for gator feeding or deer feeding, and a gift shop. wildfloridairboats.com. 3301 Lake Cypress Road, Kenansville. 407-957-3135.

WINTER PARK SCENIC BOAT TOUR Relax on this one-hour narrated tour through the lakes and canals of beautiful historic Winter Park. See waterfront homes of the rich and famous and learn the history of one of

Central Florida's first snowbird communities, which evolved into a thriving upscale enclave with a small-town personality. Open 10 a.m.-4 p.m. daily except Christmas. scenicboatstours.com. 312 E. Morse Blvd., Winter Park. 407-644-4056.

WATER PARKS

AQUATICA SeaWorld Orlando's water park blends up-close animal experiences with serene to high-speed water thrills. Guests can also enjoy wide, sandy beach areas. Amid lush, South Sea Islands-inspired landscaping, Aquatica's signature attraction, Dolphin Plunge, sends riders through clear tubes into a blue lagoon. aquaticabyseaworld.com. 5800 Water Play Way, Orlando. 888-800-5447.

BLIZZARD BEACH Chill at the Melt-Away-Bay wave pool, twist and turn on Runoff Rapids or catch a thrill on Summit Plummet. disneyworld.com. Walt Disney World Resort, Lake Buena Vista. 407-939-7529.

TYPHOON LAGOON This Disney water park is filled with rolling tides, rapids, and nine water slides. Don't miss the Crush 'n' Gusher, a multi-rider, coaster-like raft ride. *disneyworld.com. Walt Disney World, Lake Buena Vista. 407-939-6244.*

WET 'N WILD The granddaddy of Orlando water parks, where you can experience pulsating lights and cosmic energy on The Black Hole: The Next Generation, as your two-person hydra capsule blasts off. There's also Blastaway Beach, which includes slides, soakers, water cannons and much more. *wetnwildorlando.com. 6200 International Drive, Orlando. 407-351-1800.*

BEAUTY & FITNESS

BLUE HARMONY SPA Discover the importance of "blue" as you experience ultimate serenity and get in tune with your body and soul. The full-service spa features massage, body treatments, facials, manicures, pedicures and much more. *blueharmonyorlando.com. Wyndham Grand Orlando Resort, 14651 Chelonia Parkway, Orlando. 407-390-2442.*

BODY & SOL SPA Pamper yourself with a variety of facial, massage, nail and body treatments. Fitness Center also available. *rosencentre.com/spa-fitness-recreation. Rosen Centre Hotel, 9840 International Drive, Orlando. 407-996-9840.*

BUENA VISTA PALACE HOTEL & SPA This intimate spa offers more than 60 spa services, including massage, facials, body treatments, a hair and nail salon, sauna, whirlpools, lap pool and complimentary use of the fitness center. *buenvistapalace.com. Buena Vista Palace, 1900 E. Buena Vista Drive, Lake Buena Vista. 407-827-3200.*

GRAND FLORIDIAN SPA & HEALTH CLUB Soothe away tensions with body and water therapies, skincare and massage. A fully equipped health club is also on site. *disneyworld.com. Walt Disney World, Grand Floridian Resort and Spa, 4401 Grand Floridian Way, Lake Buena Vista. 407-824-2332.*

MANDARA SPA Specializing in creative treatments—based on both Eastern and Western cultures—for your skin and body. Everything from facials to massage to body therapy, fitness, and specialty spa treatments are offered. *mandaraspas.com. Two locations: Portofino Bay Hotel, 5601 Universal Blvd., Orlando. 407-503-1244. Also, Walt Disney World Swan & Dolphin Hotel, 1500 Epcot Resorts Blvd. 407-934-4772.*

THE MOKARA SPA AT CHAMPIONSGATE Guests and visitors can choose from a variety of packages and treatments ranging from facials to massages to nail and salon treatments. *mokaraspas.com/orlando/hotel.html.*

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Winter Park FLORIDA

Sonic Boat Tour



For over 70 years, Winter Park's world famous Scenic Boat Tour has given enjoyment to thousands. The relaxing, narrated, one hour cruise through the beautiful lakes and canals of historic Winter Park make it a must on everyone's list. It's the only way to see the true beauty of Winter Park which includes Rollins College, Kraft Azalea Gardens, Isle of Sicily, tropical birds, plants, flowers and magnificent mansions.

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*Valid through September 30, 2012. Based on offer and date availability. Does not apply to existing reservations and is not valid for groups, citywide conventions, or in conjunction with any other offer or discount. 25% discount is not applicable on spa packages, alcohol, tax, service fees or gratuity. Reference Code: OMAGAUG.

1500 Masters Blvd., ChampionsGate (30 minutes southwest of Orlando off I-4). 407-390-6603.

RELÂCHE AT THE GAYLORD PALMS Go ahead and spoil yourself for a day of beauty and relaxation. A wide range of offerings, including massage; nail, hand and foot therapy; and prenatal and child/pre-teen services. gaylordhotels.com. Gaylord Palms Resort & Convention Center, 6000 W. Osceola Pkwy., Kissimmee. 407-586-4772.

RITZ-CARLTON SPA This three-level, 40,000-square-foot spa features a selection of international treatments taken from the best Ritz-Carlton spas around the world. ritzcarlton.com/en/properties/orlando/spa. The Ritz-Carlton Orlando, Grande Lakes, 4012 Central Florida Pkwy., Orlando. 407-393-4200.

THE SPA AT SHINGLE CREEK Relax and rejuvenate with a soothing facial, mud wrap or massage. For the ultimate in pampering try the personalized body treatment that is the ultimate day spa experience. Fitness center also available. spaatshinglecreek.com. Rosen Shingle Creek Resort, 9939 Universal Blvd., Orlando. 407-996-9772.

THE SPA AT THE PEABODY ORLANDO Featuring stress-melting massages (indoor or outdoor), European facials, and a full-service salon. The Tranquility Massage features the aromas of rose and vanilla, while the Mango Ginger Infusion uses natural enzymes to

soften the skin. peabodyorlando.com. The Peabody Orlando, 9801 International Drive, Orlando. 407-345-4431.

THE WALDORF ASTORIA SPA BY GUERLAIN The luxurious 24,000-square-foot spa includes 22 treatment rooms. Custom-tailored services include massages, facials and aromatherapy wraps using products from Guerlain. waldorfasteriaorlando.com. Waldorf Astoria Orlando, 14200 Bonnet Creek Resort Lane, Orlando. 407-597-5360.

THRILL RIDES

RICHARD PETTY DRIVING EXPERIENCE Hitch a ride or learn to drive a NASCAR-style stock car around the Walt Disney World Speedway or Daytona International Speedway at speeds up to 165 mph. Choose the Ride-Along program (3 laps) or a drive program, including the Rookie Experience (8 laps, 3 hours), King's Experience (18 laps, 5 hours) and Experience of a Lifetime (30 laps, 5 hours). To ride along with a professional driver you must be at least 14. To drive you must be at least 18 with a valid driver's license. drivepetty.com. Walt Disney World Speedway, Lake Buena Vista. 800-237-3889.

WARBIRD ADVENTURES Warbird flights and museum. Pilot a real military aircraft from the front seat as an instructor guides you. You must be at least 48 inches tall to

fly. warbirdadventures.com. 233 N. Hoagland Blvd., Kissimmee. 407.870-7366.

GOLF

—Local Courses—

CELEBRATION GOLF CLUB The par-72, 6,786-yard championship layout was designed by world-renowned course architect Robert Trent Jones Sr. and his son, Robert Trent Jones Jr. Amenities include an aquatic driving range and the Windmill Restaurant for breakfast and lunch. celebrationgolf.com. 701 Golf Park Drive, Celebration. 407-566-4653.

DISNEY'S LAKE BUENA VISTA GOLF COURSE Old-fashioned styling gives this course a country-club feel. While technically shorter than other Disney courses, LBV combines ubiquitous water with narrow fairways to create a challenging game where accuracy is key. disneyworld.disney.go.com/golf. Located near the Old Key West Resort, Lake Buena Vista. 407-939-4653.

DISNEY'S MAGNOLIA GOLF COURSE The biggest and most formidable of the Disney courses. The fifth hole gently doglegs right and is subject to wind. Other challenges include moguls and rolls in the fairway and thick trees down the right side. The whimsical sixth hole features a Mickey-shaped sand trap in front of the green. disneyworld.disney.go.com/golf/. Located near the Polynesian Resort, Lake Buena Vista. 407-939-4653.

DISNEY'S OAK TRAIL GOLF COURSE Built in 1980 to provide a casual walking course for families, Oak Trail features a 517-yard, par-5 double dogleg. A great course for beginners. disneyworld.disney.go.com/golf. Located near the Grand Floridian Resort & Spa, Lake Buena Vista. 407-939-4653.

DISNEY'S OSPREY RIDGE GOLF COURSE Wind, sand, water and bunkers are the primary challenges on this North Carolina-style course. Elevated tee boxes and target-area greens provide excellent landscapes as you set up your shot. The 17th hole, with a green sloped toward a large lake, was named the hardest par-3 in the region by one TV station poll. disneyworld.disneygo.com/golf. Located near Fort Wilderness Resort & Campground, Lake Buena Vista. 407-939-4653.



WhirlyBall is a cross between Jai-Alai and bumper cars.



Historic Dubsdread Golf Club, renovated in 2008, offers a challenging layout in the College Park area of Orlando.

DISNEY'S PALM GOLF COURSE Shorter and tighter than its sister course, Magnolia, the Palm is a classic Florida layout with elevated greens and tees and lots of water. The sixth hole begins with a narrow fairway sandwiched between an alligator-inhabited lake and woods. The fairway is then interrupted by yet another body of water, before reaching the green, perched on a rock bulkhead. disneyworld.disney.go.com/golf. Located near the Polynesian Resort, Lake Buena Vista. 407-939-4653.

DUBSDREAD GOLF CLUB Orlando's only municipal course, which opened in 1924, got a facelift a few years ago with new routing and rebuilt greens. Though the layout has improved to provide golfers with a more modern game, many of the old course's delights remain, such as the plentiful live oak trees and impressive landscaping. After a round of golf, head on over to the cozy, old-fashioned Tap Room for a beer and a burger. dubsdreadgolf.com. 549 W. Par St., Orlando. 407-246-2551.

EAGLE CREEK GOLF CLUB This par-73, 7,198-yard championship golf course designed by Ron Garl and Howard Swan features five par 5s. The course blends American and European design with Scottish-style bunkers and bulkheads around greens. It's the first course in Florida with MiniVerde greens. eaglecreekgolf.info. Located minutes from Orlando International Airport near Lake Nona. 10350 Emerson Lake Blvd., Orlando. 407-273-4653.

FALCON'S FIRE GOLF CLUB Rated one of the best public courses in Orlando by *Golf Digest*, this Rees Jones Signature-designed course is

challenging yet playable for golfers of all skill levels, and stretches over 7,000 yards from the back tees. falconsfire.com. 3200 Seralago Blvd., Kissimmee. 407-239-5445.

FALDO GOLF INSTITUTE BY MARRIOTT Six-time Majors champion Nick Faldo introduced the Faldo Golf Institute by Marriott in 1997. The institute includes a 35-acre practice facility, expert golf instruction, custom club fitting and the Grande Vista Golf Club, the facility's 9-hole golf course. For golf instruction: 888-GO-FALDO. grandevistagolf.com. 12001 Avenida Verde, Orlando. 407-238-7677.

GRAND CYPRESS GOLF CLUB Grand Cypress offers 45 holes of Jack Nicklaus signature design—the 18-hole New Course, a linksland routing, and three nine-hole combinations. The North course is rigorous and open, with terraced fairways and mounding, while the South emphasizes water and narrow fairways. The East course's fairways are even narrower, with an island green highlighting the picturesque 5th hole. grandcypress.com/golf. 1 N. Jacaranda, Orlando. 407-239-1909

MARRIOTT'S GRANDE PINES GOLF CLUB This Steve Smyers-designed golf course demands accurate shot-making. Set among lakes and lots of native trees, the course is a member of the Audubon Cooperative Sanctuary Program for Golf Courses. grandepines.com. 6351 International Golf Club Road, Orlando. 407-239-6909.

METROWEST GOLF CLUB MetroWest is a fair yet vigorous test of golfing skills. The par-4 ninth hole is adorned by a plaque attesting that PGA Tour pro John Daly drove over

the hole's broad lake to the green. The more conservative golfer will drive straight ahead before looking left and hitting a mid-iron approach. Designed by Robert Trent Jones Sr. metrowestgolf.com. 2100 S. Hiawassee Road, Orlando. 407-299-1099.

MYSTIC DUNES GOLF CLUB Designed by Champions tour player and NBC golf analyst Gary Koch, Mystic Dunes offers 80-foot elevation changes, rolling sand dunes, mature oaks and large wetland areas. The Low Country-style front nine is reminiscent of classic Carolina courses, meandering through native wetlands and marsh areas and bordering oak and cypress forests. mysticdunesgolf.com. 7850 Shadow Tree Lane, Celebration. 407-787-5678.

ORANGE COUNTY NATIONAL GOLF CENTER & LODGE Featuring three distinct courses. Crooked Cat: A windy and sprawling links-style course offers unpredictable play and a memorable back nine. The par-4 12th hole, dubbed Sweep, requires a shot clearing 190 yards of water into a very narrow fairway. Panther Lake: Besides its impressive length—7,295 yards from the tips—Panther Lake is outstanding for its variety of vegetation, landscapes and elevations. Tooth: This nine-hole executive course offers an opportunity for practice and for kids. The par-29 course centers on a manmade lake that comes into play on four holes. ocngolf.com. 16301 Phil Ritson Way, Winter Garden. 407-656-2626.

RITZ-CARLTON GOLF CLUB Set at the headwaters of the Florida Everglades, this Greg Norman-designed course is as scenic as it is fun to play. Several holes are routed through

pristine areas, where preserved wetlands and natural woodlands dominate the experience. The course is always in great condition. Caddie-concierge service is available. grande.lakes.com/The-Ritz-Carlton-Golf-39.html. Grande Lakes Orlando, 4040 Central Florida Pkwy., Orlando. 407-393-4900.

SHINGLE CREEK GOLF CLUB Measuring 7,149 yards from the championship tees, the course provides a tough challenge for low- and mid-handicappers alike. It also features the Brad Brewer Golf Academy. Located a half-mile east of Orlando's convention center. shinglecreekgolf.com. 9939 Universal Blvd., Orlando. 407-996-9933.

TIMACUAN GOLF CLUB Timacuan is a strategist's dream, with seven sets of tees reflecting a family philosophy of the semi-private golf club where everyone is welcome and the course can play to individual skill levels. golftimacuan.com. 550 Timacuan Blvd., Lake Mary. 407-321-0010.

WALDORF ASTORIA GOLF CLUB At this Rees Jones-designed, 7,113-yard championship course, stands of pine and cypress trees line the fairways, and bunkers are reminiscent of hazards designed on courses a century ago. The flow of the course is dictated by the land's contours. waldorfastoriagolfclub.com. 14200 Bonnet Creek Resort Lane, Orlando. 407-597-5500.

—Beyond Orlando—

CHAMPIONSGATE GOLF CLUB This course is 36 holes of Greg Norman-designed championship golf. The links-style International Course is reminiscent of old Scottish and Irish courses, with bumpy fairways and pot bunkers. The American parkland-style National Course is carved out of farmlands and citrus groves, featuring memorable par 3 holes, forgiving fairways and sweeping sand bunkers. championsgategolf.com. 1400 Masters Blvd., ChampionsGate. 407-787-4653.

SUGARLOAF MOUNTAIN GOLF CLUB The well-respected team of Bill Coore and Ben Crenshaw have created their first golf course in the state. Set atop the highest point on Florida's peninsula, Sugarloaf Mountain offers spectacular views, dramatic elevation changes up to 250 feet, and features backdrops and a layout sculpted to follow the natural features of the land. Lake Apopka and lush oak forests provide beautiful rural scenery. 1455 Mountain Club Drive, Minneola. 407-544-1104.

VICTORIA HILLS GOLF CLUB The Ron Garl-designed course preserves the natural flow of the area's rolling hills and foliage—hundreds of oak hammocks and Augusta pines, carved meticulously from a sandy terrain and buffered by pristine lakes and flowering greens. victoriahillsgolf.com. 300 Spalding Way, DeLand. 386-738-6000.

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