



**Akinyemi Ajayi, M.D.,
D.,A.B.S.M., F.A.A.S.M., F.C.C.P.
The Women's Sleep Center**

ABOUT THE DOCTOR: Dr. Ajayi was born in London. He became a doctor at 21 and has been practicing as a physician for over 19 years. He received his subspecialty training at Children's Hospital of Philadelphia in pulmonary and sleep medicine. He was the first fellow from the institution to achieve board certification in both pulmonary and sleep medicine. **AWARDS/HONORS:** He has received several awards including Best Doctor and Top Doctor, as well as the Patients Choice and Compassionate Physician awards. **PROFESSIONAL MEMBERSHIPS:** Dr. Ajayi is a member of the American College of Chest Physicians, American Academy of Sleep Medicine and American Thoracic Society. **OUR SPECIALTY:** The Women's Sleep Center is the only dedicated sleep practice in Central Florida designed to cater to the needs of women. The entire premises and the practice were designed to provide an atmosphere where women with sleep disorders could feel comfortable and achieve positive results. We are the only sleep medicine practice in the area to have a certified behavioral sleep medicine specialist, and we offer a full range of sleep services including sleep evaluations and studies, and psychology and cognitive behavioral services. **GREATEST ADULT MEDICINE ACHIEVEMENT:** Creating a center of excellence of women's sleep medicine. "I always wanted to provide

a service for women that catered to both their physical and psychological sleep medicine needs. The inspiration for the practice came mostly from the parents of my pediatric patients, a lot of whom had sleep complaints that had not been addressed in other quarters." **WHAT SETS US APART:** Dr Ajayi is a good listener and very passionate about his patients and the science of sleep medicine. He is quick to point out the difference between practices that perform sleep studies only and those that practice true sleep medicine including managing insomnia, narcolepsy, sleepwalking, restless leg syndrome and sleep apnea, along with sleep disturbances in women as they go through the stages of life from menstruation to pregnancy and menopause.

CONTACT INFORMATION:
2660 W. Fairbanks Ave.
Winter Park, FL 32789
Phone: 407-898-2767
Fax: 407-898-9443
E-mail: Sleep@oppsa.com
Website: thewomenssleepcenter.com/wscweb2011.htm