

Dr. Mark Kosinsky

Ashley Park Chiropractic

ABOUT THE DOCTOR: Dr. Mark Kosinsky has been in practice for 18 years. His core values have remained “Give, Love and Serve Out of Your Own Abundance.” This tireless approach has given him the honor of helping thousands of people in the Orlando area, many of whom travel internationally just to see him. Dr. Mark speaks English, Spanish and Portuguese. **HIS PRACTICE:** Dr. Kosinsky has been nicknamed “Orlando’s Chiropractor” for good reason. Chances are that if you’re not a patient already, your neighbor, your friend, or the person next to you at work is. That’s the same level of comfort and familiarity you’ll find in his office. Dr. Mark incorporates the most advanced diagnostic and treatment tools including electromyography and cold laser therapy. **WHAT SETS HIM APART:** Dr. Mark is the patients’ choice for those who might be apprehensive when seeking care. “So many people have tried other painful, more expensive and invasive techniques only to be disappointed. I love showing people how easy it is to feel better. It’s not magic; it just takes the RIGHT approach to get the RIGHT result.” **HIS PHILOSOPHY:** “If you want to be a successful doctor, give your patients more than they expect. That’s what makes you valuable. Every blessing I’ve had in my life started with giving.” **OFF HOURS:** On any given weekend day, Dr. Mark will either be boating, or on his motorcycles. When the sun sets, it’s time to get out the guitars and sing. “You’ll start living when you stop taking yourself so seriously!” **CHARITY:** Dr. Mark helps to fund the Edgewood Children’s Ranch, a nonprofit Christian facility in Central Florida, providing residential, educational and counseling services for troubled children, ages 6-17, and their families.

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