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# Center For Natural And Integrative Medicine

**Michael Kehoe P.A.-C., Ph.D., Autumn Frandsen, N.D., Kirti Kalidas M.D., N.D., Thomas Moraczewski M.D.**

**ABOUT US:** Dr. Kalidas is a Board Certified Internist and a Naturopathic Physician. With dual doctorate degrees, he is in a unique position to truly integrate both disciplines and is a leading proponent of blending the best of conventional medical practices with scientifically validated alternative and natural therapies. He is also an associate professor at the University of Central Florida. Dr. Moraczewski is Board Certified in both Obstetrics-Gynecology and Anti-Aging & Regenerative Medicine and has been in practice for nearly 30 years. His expertise is working with women through all of their hormonal phases. Autumn Frandsen is a holistic health-care provider with a doctorate in Naturopathic Medicine; her passion includes nutritional medicine, homeopathy and weight loss. Michael Kehoe is a Ph.D. and a Physician Assistant with over 20 years of experience in the field of health, wellness and fitness.

**WHAT SETS US APART:** Our physicians bring a multi-disciplinary perspective to health and wellness. "We identify and remove the root cause of disease, instead of merely controlling the symptoms with medications. We prefer safe, effective, non-invasive supportive therapies to treat a patient as a *whole person* to restore their natural balance." says Dr. Kalidas. We offer individualized wellness

and preventative programs to promote healthy aging and maintain vitality which include nutrition, acupuncture, colonics, fitness training, massage, yoga, meditation, stress reduction, emotional healing, and cooking classes as well as a "Bridge to wellness" program. **REGAIN YOUR HEALTH:** The Center specializes in managing and healing often misdiagnosed and chronic conditions such as hormone imbalance, recurring infection, irritable bowel syndrome, digestive problems, widespread inflammation, allergies, anxiety, fibromyalgia, chronic fatigue syndrome, heart disease, diabetes, weight issues and lost vitality. We have had success in identifying and alleviating conditions that often seem mystifying and puzzling to other health care professionals. We are in a unique position to offer a personalized approach and provide a "Bridge to Health, Hope and Healing."

**CONTACT INFORMATION:**

6651 Vineland Road, Suite 150  
Orlando, FL 32819  
Phone: 407-355-9246  
Website: drkalidas.com